**CALL FOR SUBMISSIONS**

***Theme: Higher performance, Better balance***

*Has anything really changed, except change itself? Finite resources, higher goals, increasing demands, cool technology – and a desire for balance. Keynote speaker Sunjay Nath will inspire us to get there, and share strategic tools for the journey. Sharing the 10-80-10 principle, a concept that helps individuals and teams operate at a dynamic level Sunjay will show us how 10-80-10 combines best practices with small wins to help people achieve more, and have greater balance by improving performance.*

***Facilitators:***

*We invite you to push us higher – strategic performance with improved results.*

*We want to know more – about students, career paths, and best practices.*

*We want to learn more about wellness and balance – how to meet our personal and professional goals.*

**AREAS OF INTEREST**

1. ***STUDENTS:* Who are they? Where are they leading us? How is the environment changing?**
2. ***WELLNESS:* Does work life balance really exist? What does wellness look like in the workplace? In our personal lives?**
3. ***PATHWAYS:* Careers and succession planning in the college: how do we navigate this?**
4. ***BEST PRACTICES:* Do you have an innovative program, implementation or service? Come share it with your peers and colleagues. Help us all push towards excellence.**

**If you have an idea, project or proposal that doesn’t neatly fit into the categories above, but you think it would benefit administrators, send it along. We’ll gladly take a look.**

**Selection process:** workshops will be reviewed by the conference planning team and accepted based on suitability, relevance and space. Receipt of submissions will be confirmed, and all submissions will be notified about acceptance.

**Further information:**

* 90 minute concurrent sessions
* June 26 morning and afternoon or June 27 morning sessions available
* travel & one-night accommodation expenses paid plus meals during stay

**Submission deadline: December 15, 2011**

**Call 1-866-742-5429 ext. 2 or email** [**diane.posterski@ocasa.on.ca**](mailto:diane.posterski@ocasa.on.ca) **for further information.**

**SUBMISSION FORM**

Please complete form, print and fax to the OCASA office: 1-866-742-5430,

Or save and email: [info@ocasa.on.ca](mailto:info@ocasa.on.ca)

**SUBMISSION DEADLINE: December 15, 2011**

Name(s) of presenter(s)/facilitator(s):

Title(s):

College:       Contact (email/phone):

Topic:

Date Preference (check only if you have a preference):

Tuesday, June 26  Morning  Afternoon

Wednesday, June 27  AM only

Brief overview of presentation/topic, including format and take-aways for participants: